

# Meadowood



Parties, pies, and plenty of holiday cheer helped meadowood wrap up another great year!

Each New Year offers the opportunity to reflect on the past year. At Meadowood HP, the last few months of 2007 can best be summed up by parties, pies and engaging in plenty of holiday cheer! We 'Ran for the End Zone' to raise money for Jill's House, hosted our annual Pie Potluck, and wrapped up the year with Christmas at the Casino and our annual HP Holiday party, featuring the IU Broadway Cabaret. Below, see the revelry captured in film!

Susan Bookout, MS, HFA  
Executive Director

Chris Johns, BSN  
Director of Nursing

Ethel McCullough  
Accounting Director

Brooke Helvey, BS  
Admissions Coordinator

Vicki Buratti, MSW, LCSW  
Social Services

Sherri Ganka, BS  
Activities Director

Delores Schneider, MA  
Art Therapist

Heather Souers, BA  
Recreation Therapist

Cassie Montgomery, BA  
Music Therapist

Molly Hutchison, BS  
Dietitian



Top Left: Jan Estes and her son David enjoy a variety of pies at our November Pie Potluck. Top Right: Mary Schodorf and daughter Mary Sarpa pose with Santa prior to the HP holiday party. Right: Delores Shank and sister Bessie Brown warm up with coffee and pie at the Pie Potluck.



Bottom Left: The Galm family gathers for a photo with Santa before the HP holiday party. Bottom Right: Sherri Ganka and a volunteer from the IU women's softball team help Carl Reeve and Robin Black-Schaffer race to the finish line of the Jill Behrman Run for the End Zone.



# HP Happenings:

# Place your bets!



## Birthdays!

### January-2008

- 11th-Richard Westerfield
- 13th-Mary Carmony
- 16th-Mary Schodorf
- 27th-Charles Renfro

### February-2008

- 4th-Janet Jackson
- 7th-Sylvia Sloan
- 10th-Dorothy Vitaliano
- 23rd-June Miller
- 25th-Esther Collyer
- 27th-Lillian Hefty

### March-2008

- 1st-Iris Kolinek
- 7th-Doris Freeman
- 22nd-Mary Kay Rash
- 24th-Grace Keppel
- 25th-Gladys Hanson

Quarterly  
Family Advisory Meetings  
Held in the HP Activity Lounge

January 22, 2008: 4:00 p.m.

April 22, 2008: 4:00 p.m.

July 22, 2008: 4:00 p.m.



IU students interested in a career in event planning hosted Christmas at the Casino where the residents could 'roll the dice' to see how their luck played out!

Molly Hutchison is the latest member to join Meadowood Health Pavilion administrative staff. She is a graduate of Vincennes University and Indiana University and is our new Registered Dietitian. She completed a 10 month internship at the School of Health and Rehabilitative Sciences in Indianapolis, IN. Molly also did a special emphasis rotation for 5 weeks at Riley's Children Hospital in the Inborn Errors of Metabolism Clinic.

Molly presently lives in Bloomington and in April of 2008 will marry her fiancé, Matt Osgood in her hometown of Vincennes. Matt is from Bloomington and works as the sports director at the YMCA. In her spare time Molly enjoys reading, playing piano, going to movies, talking nutrition with people, and being around friends and loved ones.

## Nice to Meet You!



**Molly Hutchison**



Love is in the air! Meadowood hosts a special Valentine's Day meal on February 14, 2008 and family and friends are invited to attend. If you would like to join your loved one on this day and share in a special meal, contact our dietitian, Molly Hutchison at 330-4375 x 316 to make your reservation.



Look for the online version of our newsletter at [www.MeadowoodHP.com](http://www.MeadowoodHP.com)

Meadowood resident Carl Reeve enjoys an autumn lunch with his wife June during a Health Pavilion outing to Oliver Winery.

# Meadowood Memoirs

Meadowood Memoirs are resident biographies (or autobiographies) submitted by family, friends, or the residents themselves. We will publish biographies as we receive them. You can email your family member's story to [brooke.helvey@MeadowoodRC.com](mailto:brooke.helvey@MeadowoodRC.com).

## Julia Carter

Submitted by Ledford Carter

Julia Sewell Carter was born August 31, 1917 in Atlanta, Georgia. In learning to speak, she could not pronounce "Julia," so she called herself "Duba." Family and friends still call her "Duba."

At the age of eight, her mother died. She, her older sister and father joined an extended family in adjacent Decatur that included her aunt, grandmother, and aunt's husband. Four years later her father remarried and he moved his family back to Atlanta where he sired another daughter and a son.

Julia graduated from Girls High School in Atlanta and Agnes Scott College in Decatur.

Her hobbies were book collecting, for which she won a college prize; acting with Atlanta Theatre Guild; vacation trips in New York seeing plays; reading; and costume design, for which she was a finalist in *Vogue's* contest for a year's study in Paris.

After college she was employed by J.P. Allen, Atlanta's prestigious dress shop, an experience that set her up to teach in the Federal Distributive Education Program of Lanier High School in Montgomery, Alabama. While there she became engaged to marry Ledford Carter, whom she had dated before his voluntary enlistment in the U.S Army almost two years earlier.

Following their June marriage, First Sergeant and Mrs. Carter moved to Lawton, Oklahoma for a two and a half year residence, during which time Ledford received at Fort Sill his commission as an officer. Short tours of duty before Lt. Carter was ordered to the Pacific Theater required residences in Macon, Georgia, Wichita Falls, Texas, and Lawton, Oklahoma. While separated, Julia lived with her parents in Atlanta, where their son was born just two weeks before his father returned in January 1946 for separation from military service.

The Carter family lived in Athens, Georgia, from 1947 to 1951, where Ledford was with the Southern Educational Film Production Service. Then they moved to Bloomington when Ledford was appointed to the staff of Indiana University. The first person she met was Hoosier Court neighbor Ruth Fleming who now lives only four doors from her in the Meadowood Health Pavilion.

In Bloomington Julia became known for the historically costumed "Madrigal Singer Dolls" she created and donated to the Unitarian Church Bazaar for distribution.

In 1982 she retired from the Indiana University Libraries, where she had headed the Medical Sciences branch for 16 years. Shortly afterward, she moved to Meadowood, where she established its library and supervised it for almost half of her 25-year residency (the longest of any living resident).

In 2004 she published *William Cole Jones: a Sage of the South Remembered*, about her Decatur uncle-in-law's life and editorials he wrote for the *Atlanta Journal*.

Of local civic organizations she has joined, Julia has been most active in the Unitarian Universalist Church; The University Club; Faculty Drama Club; Opportunity House; and Psi Iota Xi Philanthropic Society.



Meadowood Memoirs is searching for additional stories to print in upcoming Health Pavilion Newsletters. Please consider submitting a 500 word or less submission for publication. Submissions can be mailed to the attention of Brooke Helvey or emailed to [Brooke.Helvey@MeadowoodHP.com](mailto:Brooke.Helvey@MeadowoodHP.com).

# Letter from the Executive Director



Another year is upon us and as we look forward we are happy to report that there are many exciting opportunities and events ahead for Meadowood. Our westside development that we've highlighted in past issues has expanded beyond our initial vision. Meadowood has been able to acquire new land adjacent to our westside projects in 2007. We purchased the six acre property at 2500 N. Dunn Street. This acquisition provided an opportunity to relocate our assisted living facility to a much more desirable setting. We have completed the site preparation work on the assisted living facility and hope to begin construction this summer.

Meadood has been able to acquire a second piece of property on the west edge of our property. The Bedford stone home on the northeast corner of the Dunn & Tamarack Trail intersection was acquired just last month, December 2007. This home at 2510 N. Dunn Street will have minor upgrades completed by March 1 at which time it will be added to our MW garden home inventory.

Not unlike college campuses, Meadowood is taking the lead in becoming a green campus for active adults. We have committed to making our new assisted living a LEED certified building. And we all are becoming more aware of day to day recycling. We recently added the opportunity for residents and MW departments to recycle containers made from plastic, glass and steel. We have recycled cardboard, aluminum, paper of all kinds, hearing aid and household batteries and fluorescent light bulbs for a number of years.

We have had a record number of five year employees in 2007 – 65 MW employees have been with us for five years or longer. Joy Clark, nutrition aide in the Health Pavilion, received the \$1000 twenty year recognition award.

The next twenty years will be a dynamic time in the senior living industry. MW owners and management continue to expand our vision to meet the needs of the next generation while at the same time giving excellent service to our current clientele. We wish you a happy and prosperous new year. Susan Bookout, Executive Director



## Health Pavilion Quarterly Newsletter