

# Meadowood



## A flashback to the past, Meadowood University focuses on the 1940's

It's that time of year again when Meadowood University pulls out all the stops in celebration of National Nursing Home week. The theme this year will focus on fashions, stories, memories, and lifestyles from the 1940's. Plans are still underway for the events of this special week but below is a sneak peak of activities, entertainment, and other special events! Please see some of the highlights and mark your calendar so that you won't miss any of the exciting events!

### Highlights for Meadowood University May 12-16, 2008

Susan Bookout, HFA, MBA  
Executive Director

Chris Johns, BSN, RN  
Director of Nursing

Ethel McCullough  
Accounting Director

Brooke Helvey, BS  
Admissions Coordinator

Vicki Buratti, MSW, LCSW  
Social Services

Sherri Ganka, BS  
Activities Director

Deloris Schneider, MA  
Art Therapist

Heather Souers, BA  
Recreation Therapist

Cassie Montgomery, BA  
Music Therapist

Molly Hutchison, BS, RD  
Dietitian

**Monday : Story Booth**  
May 12  
10 a.m.- noon &  
1-3 p.m.  
Meadowood is partnering with Maryellen May of May Videography to prompt residents for a favorite memory or life story that she will capture on film and compile onto DVD. Join us as a participant with your family member in this archival project modeled after NPR's Story Corps. Residents will also have their photos taken professionally as a donated service by Roni Ely!

**Tuesday: Walker-flanner Youth choral e**  
May 13  
10:30 a.m.  
Join us in the Terrace Room for the original sounds of this auditioned Children's Choir (grades 2-6), based out of Indianapolis and directed by Marian L. Harrison, D.M.

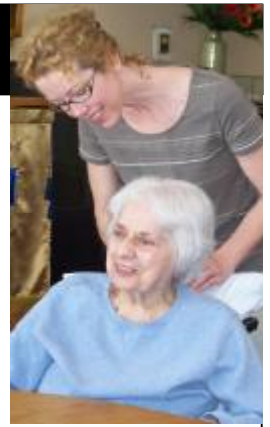
**Wednesday: After Breakfast club Challenge**  
May 14  
10:00 a.m.  
It's a battle of Meadowood staff minds versus resident minds in this annual trivia challenge, held in the Activities Lounge.

**Thursday: Family-Friends party featuring**  
May 15  
6:30 p.m.-photos  
7:00 p.m.-show  
'fashions of the forties' style show  
Please join us for our Thursday evening fashion show featuring fashions from the 1940's!

**Friday: Meadowood "Storytellers" Gallery**  
May 16  
11 a.m-7 p.m.  
Browse the Meadowood art gallery and enjoy the selection of resident biographies and photographs from the past. Also enjoy the DVD created by Maryellen May of a living history of HP residents.

# HP Happenings:

## Massages!



### Birthdays!

#### April-2008

4th-Elizabeth Buck  
4th-Dean Summers  
17th-Nadine Rebec  
22nd-Joan Doyle  
23rd-Robin Black-  
Schaffer

#### May-2008

13th-Carl Reeve  
14th-Bessie Brown  
23rd-Emma Claxon

#### June-2008

3rd-Helen Key  
4th-Alex Ackerman  
11th-Kenny Galm  
17th-Marjorie  
McConnell  
18th-Jan Estes

Meadowood has been in contact with two massage therapists from Associates of Integrative Health (AIH) about the possibility of resident massages! If you would like to take advantage of this service, which sends the massage therapists to the HP, please contact Brooke Helvey for further information and contact information.

## Health Pavilion Garden Club

Through the generous Meadowood Memorial Fund, the Health Pavilion has secured a horticultural therapist, Rene Thompson, to host our newly created Meadowood Garden Club! The club meets every Monday at 1:30 and will focus on planting and beautifying our Comprehensive Courtyard. See the photos below from our spring planting kickoff!



Top L: Pat listens to the planting instructions. Ruth M. gets her hands dirty by placing spring pansies in an outdoor planter. Bottom L: Ruth F. gently places each new seed in its starter pod. Bernard gets some planting help from our master gardener and therapist, Rene Thompson.

Quarterly  
Family Advisory Meetings  
Held in the HP Activity Lounge

April 22, 2008: 4:00 p.m.

July 22, 2008: 4:00 p.m.

October 28, 2008: 4:00 p.m.

Congratulations are in order to Molly Hutchison, HP Dietitian who passed her certification exam to become a Registered Dietitian. Another star scholar is Executive Director, Susan Bookout, who graduates from the University of Indianapolis this May with a Masters in Business Administration!

## National Nurses and CNA Week!

May 5-9, 2008

# Meadowood Memoirs

Meadowood Memoirs are resident biographies (or autobiographies) submitted by family, friends, or the residents themselves. We will publish biographies as we receive them. You can email your family member's story to [Brooke.Helvey@MeadowoodRC.com](mailto:Brooke.Helvey@MeadowoodRC.com).

Sarah-Ellen Kuhl

"Sally"

Submitted by Susan Nowlin

In 1913 during a snowy winter night in a small Iowan farm house, a golden-hair little girl named Sarah-Ellen was born at 12:10 A.M. Her parents, Howard and May Marti, had waited a long time for a child, and Sarah-Ellen immediately became the center of their universe. Her early years on the farm passed quickly as Sarah happily attended the one-room schoolhouse through eighth grade. In order to attend high school, Sarah-Ellen had to live at her aunt and uncle's farm during the week. Most of the time this was great fun because she shared a room with her two cousins, Genevieve and Mary Clare, who were like the sisters that Sarah-Ellen had always desired. At the end of each school week, she returned to her home. One of her strongest memories of her aunt and uncle's was rising early in the morning and tending around the stove to keep warm while she quickly dressed for school.

After high school, Sarah-Ellen, now being called "Sally", entered Mercy Hospital's Nursing Program, after graduation she began working at the hospital. It did not take long for a handsome, young doctor to notice Nurse Sally, and soon he was inviting her to make rounds with him, much to the chagrin of the other nurses. Dr. A.B. Kuhl, Jr. was quite the catch, but then so was Sally. They married at the Bishop's house in Davenport, Iowa, on May 25, 1940, and started their lives together.

Soon they had their first child, a little girl, Vivian Mary. She was joined a couple of years later by Susan Elizabeth, while the family was stationed at Fort Meade, Maryland, during World War II.

After the war, the Kuhls returned to Davenport, Iowa, where A.B. began his medical practice, and Sally raised their two daughters. Finally, Mary Jo arrived two years later, and the Kuhl family was complete.

In addition to rearing three daughters, Sally kept busy playing golf and bridge, supporting Catholic charity work, working as a member of the hospital's auxiliary and in the hospital's gift shop, and caring for her beautiful rose bushes.

Later in life Sally enjoyed taking cruises, attending concerts, visiting family, and spending time in Phoenix.

Sally's daughters see their mother as a lovely, classy lady who was and is always there for them. She loves them, and they love her.



## Meadowood Memoirs & International Day for Sharing Life Stories materials request!

Meadowood Memoirs is searching for additional stories to use in our Meadowood University Storytellers" gallery. We will be displaying resident biographies and photos from the past. Please consider submitting a one page biography or life story of your family member for display. We have chosen to feature resident bios and stories in honor of International Day for Sharing Life Stories on May 16, 2008. Submissions can be mailed to the attention of Deloris Schneider or emailed to [Deloris.Schneider@MeadowoodRC.com](mailto:Deloris.Schneider@MeadowoodRC.com). Please submit materials by May 5, 2008.

# Letter from the Executive Director



In construction news, we have made arrangements to clear the lot on the southeast corner of the Dunn Street & Tamarack Trail intersection over the next thirty days. This area will be cultivated into wonderful green space to be held for future development as a Meadowood garden home site.

Sherri Ganka, HP activities programming director, has secured two grants from the Meadowood Memorial Fund for enrichment activities in the HP. The first is the horticulture therapy/garden club project noted on page two of the newsletter. The second grant will help develop the art gallery located in the comprehensive unit hallway. We plan to have a gallery opening that coincides with our biographical art and story exhibit during Meadowood University in May.

Brooke Helvey, HP admissions/marketing director, has been selected by the southeastern Indiana Rotary district to be a member of a group study exchange to Brazil leaving May 5. Brooke is one of four participants who will be led by a Rotarian team leader for the four week trip. Brooke and her fellow travelers will visit local sights, make vocational field trips, and stay with local Rotary families. We'll look forward to hearing about Brooke's adventures on her return.

Our health pavilion census has remained at all time highs over the last six months. Our accelerated rehab program has served as the most effective factor in drawing rehab candidates who want to get the most out of a short term stay. We have averaged more than 64 residents per day within our maximum capacity of 66. All of the health pavilion staff can be credited for achieving and maintaining this increase in census. Everyone is doing their part to provide very high quality care to our residents. Each staff person is taking the extra steps necessary to facilitate a wonderful quality of life for our residents.

With best wishes, Susan Bookout, Executive Director

