

Meadowood Messenger



Our Monthly Calendar of Activities and Events

Activities Hotline (812) 330-4375, extension 155

October 2005

Fall Kicks Off a Busy Season of Activity

Just as the leaves vary in their brilliant display of color during the transition of summer to fall, so do the various activities at Meadowood (MW). Fall marks the beginning of the busiest season at MW, which lasts through the holiday season.

This fall has been exceptionally busy as we celebrated MW's 25th anniversary. The highlight was the dedication of our new Founders Room on September 14. With IU First Lady Karen Herbert, MW owner Bob Wheeler, and Bloomington official Pete Giordano doing the ribbon cutting honors, it was a wonderful celebration.

Meadowood turned the weeklong celebration into a fundraising event to help raise money for Gulf Coast relief efforts. MW owners, management, and residents decided to forego the two large parties scheduled for the week. Those party dollars plus contributions from over 150 individuals enabled MW to give Carol Bentley, local Red Cross Director, a check for \$35,000. MW Director Susan Bookout commented, "the compassion, caring, and generosity of the Meadowood family is amazing."

Such activities are coordinated by our Hospitality Services Department, under the guidance of Mark Kraner. They setup all special events, plan day and overnight trips, assist internal and external interest groups, and organize transportation for all resident activities. Brian Metzler, Activities Coordinator, manages the 240-plus activities each month. Metzler works with the day-to-day events and attends special outings, while Kraner oversees out-of-town trips and plans the decorating. The Transportation staff comprised of Monte



Anne and Ted Jones along with Jim Walden landscaping the new lower level patio.



Dorcas Porter and her son celebrating at the 25th Anniversary party.

Robinson, Mike Gross, and Terry Walter does the setups and helps with detailing.

"Last year we offered 26 special events in the way of themed dinners or parties in addition to our regular daily schedule. Our activities board next to the dining room is full of activities," explains Kraner, "We have been busy planning for the special events through 2006. We are always looking for different and exciting programs or activities taking place throughout the year. Residents suggest events such as special exhibits or shows in Indianapolis, a gallery opening, shopping trip, or a special event and that really helps in the planning."

The Hospitality and Food Services Departments work closely together throughout the entire year. "Every month has a holiday, special dinner and a birthday that we celebrate in our Food Services and Hospitality areas. We work very closely with Hospitality Ser-

vices to create a vision and to achieve the very best for our residents", explains Alex Hobbs, Food Services Director. "Leslie Huff and I work together to create menu and buffet ideas, and Chef Alan Booze does a great job in presenting a quality product."

October, as every other month in the fall season, is full of events. Offered this month is a Brown County Artists Studio tour, Lunch at the Ordinary Restaurant, Brown County Shopping and Leaves Tour, and two different-yet-special cook-outs. Meadowood is having two major events within two days of each other: Oktoberfest and Homecoming. Other special fall events include the Springfield, IL trip with the University Club, Fall Campfire Nights beginning Sunday, October 9th, Spooky Stories and the Hall of Horror Halloween Party. These events also serve as a special time for Meadowood residents to entertain family and friends.

Just as IU students gear up for fall, so do the MW student residents. Fall is the time when continuing education classes and Great Decisions offered by Indiana University come the Meadowood campus. Meadowood's Continuing Education Committee, chaired by residents Pat Bayer and Winnie Wickes, meets several times each year with IU Continuing Studies liaison, Jeanne Madison, to give input on course offerings of special interest to MW residents. This year Meadowood is excited to utilize its new continuing education classroom in the lower level. It was created as a thank you to the IU professors and continuing studies staff who bring the courses to the Meadowood campus.

Some of the best students and staff from the Indiana University School of Music give monthly musical recitals during the academic year. Resident Jack Jones and Eleanor Byrnes co-chair the Resident Music Committee which actively recruits performers from IU. Other than the School of Music venues, we have been told that Meadowood is the second most requested location for recitals. In addition to performances by our own top-notch School of Music students, residents go to the Bloomington Pops, Indianapolis Symphony, American Cabaret, and the Nashville Follies.

Cultural events include Brown County Playhouse Summer Series, events at the Musical Arts Center, the IU Auditorium series, concerts at Bryan Park, operas and jazz shows, museum tours and art exhibits, day trips, overnight trips, and extended trips to exotic places are just a few to mention.

From the social point of view, Meadowood offers monthly themed dinners and parties. Fall events range from tailgate parties prior to the game, holiday picnics, holiday parties, special events such as Oktoberfest, Homecoming Party, Halloween Spook, hayrides and wiener roasts. Residents love to dress up for all the many themed parties Meadowood offers.

MW's newly developed lower level courtyard is the ideal location for outdoor parties including wiener roasts in our new fire pit. Eleisa Atkinson, grounds coordinator, and grounds person Jason Lazell, along with residents Ann and Ted Jones created the beautiful



Doc Spencer and Dusty Miller are all smiles at the 25th Anniversary Celebration.

landscape to accent the new courtyard. Also, please stop by and see our water feature in the new courtyard.

Meadowood also offers other non-seasonal opportunities such as: outings for meals (Diner's Club, Women's Luncheon, Men's Breakfast, Co-ed Breakfast, Pub Crawlers, OMEGA Dinners), Just Men's Social Hour, Ladies' High Tea, Friday Social Hour, and Game Day.

Additional opportunities such as woodworking, painting, and book discussions are also available. Spiritual activities include Women's Fellowship Circle, Sunday afternoon church services and Friday morning Bible studies. Simple things such as games and puzzles, hiking, especially now on various wooded paths, movies, a good book from the Meadowood library, Sing-alongs, Needle Arts, and a poetry group keep our residents interested and interesting.



Brian Metzler with Dr. Rebecca Markel Puttin' on the Ritz on the new lower level patio.

"I never dreamed there would be so much offered and how much I would really love living at Meadowood! It has much to do with all the activities," says Barbara Reichle, a frequent Let's Go Traveler.

At any hour you may call the activity hot line (330-4375, extension 155#) to hear what's happening at MW. A daily activities board, weekly activities publication, monthly activities calendar and the Meadowood Messenger keep the residents in tune to the all opportunities at Meadowood.

MW residents travel both domestically as well as internationally. In 2006, Meadowood is planning five trips from seven to twelve days and six overnights. Meadowood normally offers one-day trips each month. All the Let's Go Travelers trips are open to the public. Contact the Marketing Office (330-4375, extension 304) or check the website www.meadowoodrc.com for more information.

Physical Fitness and Wellness classes are under the guidance of resident services director, Jean Keith. Wellness

Coordinator, Cindy Jackson, provides support to more than 110 residents actively engaged in the Nautilus program and to more than 50 residents in two exercise classes. Our wellness specialist, Cassey Connelly, develops individual training plans for our high achievers who want to reach their pinnacle of wellness. Tai Chi is also offered on our campus. For water exercises, we collaborate with the Monroe County YMCA.

Bob Ellson, resident woodshop coordinator, recently remarked that many people go to other retirement communities to retire from a busy life. Here at Meadowood you may exhaust yourself just trying to keep up. It is good to keep this active.

"We offer the same services as others in our industry. At Meadowood, we offer the extras that make us the superior retirement community. It's that something other places wish they had" states Mark Kraner.

Regardless of your interests, desires for retirement, social life or your need for solitude, Meadowood has something to offer. You can participate as much or as little as desired. We keep our 230+ residents busy, stimulated, healthy, and most of all happy. You may see a tired face, but won't find a bored one.

Meadowood's motto is "a community of spirits and minds that remains challenged". You will find all of this at a place our residents are proud to call home – Meadowood.

Oktoberfest

Thursday, October 6th
 Circle Drive
 Biergarten: 4:30-7:00PM
 Dinner 5:15 -7:00PM

In the Biergarten:

Braunschweiger Spread
 Summer Sausage
 Cheese & Crackers

For Dinner:

Cucumber & Onion Salad
 Pickled Herring

Grilled German Sausages
 Hoagy-style Buns
 Sauteed Peppers & Onions

German Spiced Sauerkraut
 Bavarian Potato Salad
 Braised Red Cabbage
 Green Beans with Spatzel

Pumpernickel Bread
 Apple Strudel

Tea/Lemonade/Beer



Waitlist Price \$10.00
 Guests Price \$13.95



HAPPY BIRTHDAY!

to all residents whose special day is in October! Celebrants are invited to be guests at a Birthday Dinner hosted on their behalf on Monday, October 17th at 5:30 PM in the Garden Room.

- 03 Amarylyce Mart
- 05 Pierrette Harris
- 06 Dorothy Raber
- 09 Janet Dvorak
- 11 Maxine Cooper
- 11 James Walden
- 12 Charlianna Cooper
- 15 Sophie Kudryk
- 15 Howard Gest
- 15 Delores Shank
- 17 Martha Lea Armstrong
- 18 Ruth Fleming
- 20 Hazel Long
- 22 Eleanor R. Auer
- 24 Marjorie Dogan
- 25 Olimpia Barbera
- 27 Jean Smith
- 30 Jo Spear
- 30 Oswald Ragatz
- 31 Dorcas Porter

25th Anniversary Celebration: Donations to the Hurricane Katrina Relief Project

Thank You for Your Generous Support of the Red Cross!

- | | | |
|-----------------------------|-----------------------------|---------------------------|
| Tami Albright | Emmett & Pierette Harris | Delores Shank |
| Mildred Allen | Bob & Shirley Hart | Ruth Skernick |
| Les & Betty Anderson | Evelyn Harte | Jean Smith |
| Shirley Anderson | Marian Hoffa | Jo Spear |
| Martha Lea Armstrong | Betty Jacobs | Otto & Lydia Spehr |
| Betty Bain | Jack Jones | Dean Summers |
| Olimpia Barbera | Ted & Anne Jones | Hillis & Frances Swanson |
| Charles Barnhill | Lloyd Keisler | Jean Swope |
| Bob & Pat Bayer | Elaine Kennedy | Kenneth & Ruth Tewel |
| Eloise Beardsley | Rosetta Knox | Robert Trussell |
| Bob & Rosanna Blakely | Marylou Kraner | Les & Marylou Waters |
| Jane Bloom | Jean Langbak | Betty Wells |
| Laura Bornholdt | Jane Layman | Winifred Wickes |
| Evonne Bullock | Ann Lee | Virginia Wightman |
| Robert Burton | Bob & Dorothy Letsinger | Hana Wilson |
| Eleanor Byrnes | Dick & Patricia Letsinger | Frances Young |
| Marvin Carmack | Rebecca Markel | Maxine Zollman |
| Ledford Carter | Palmer & Amarylyce Mart | |
| Michael & Violet Chiappetta | Angie Matthews | <i>STAFF/FRIENDS</i> |
| Bo & Marilyn Clark | Dr. Ralph McDonald | Jana Anna |
| Elsie Clark | Lucille Miller | Janice Bays |
| Bernard & Marjorie Clayton | June & Dusty Miller | Susan Bookout |
| Delores Coleman | Lucy Miller | Mark & Polly Brown |
| Esther Collyer | Laura Mills | Mike Gross |
| Ed & Maxine Cooper | Wayne Mitter | Alex Hobbs |
| John & Charlianna Cooper | Walter Murphy | Jean Keith |
| Mildred Cowling | Naomi Osborne | Mark Kraner |
| Luise David | Frank & Marie Otteson-Jones | Yvonne Knutson |
| Irvin & Gayla Danielson | Alvera Paskell | Park Law |
| Alfred Diamant | Doris Philbrick | Brian Metzler |
| Margaret Donnell | Charles & Jean Peters | Wendy Meyer |
| Jan Dvorak | Dorcas Porter | Richard N. Moldenhauer |
| Pat Doyle | Nevin & Dottie Raber | Monroe Bank |
| Dan Ebling | Barbara Reichle | Gina Parks |
| Aubrey & Irene Epstein | Pauline Renke | Marilyn Paxton |
| Leo Fay | Barbara Restle | Monte Robinson |
| Vickie Felton | Jean Robbins | Sue Schafer |
| Henry Fischel | David & Virginia Rogers | Margaret Sibbitt |
| Malcolm & Ruth Fleming | Eileen Ross | Jan Skinner |
| Virginia and Howard Gest | L.C. & Ellen Rudolph | Jill Switzer Wolf |
| Scott & Barbara Gordon | Marguerite Rust | Paula Thatcher |
| Marge Gravit | Elisabeth Savich | Terry Walter |
| Henry & Alice Gray | Ted Schlaegel | Robert & Victoria Wheeler |
| George & Vera Greene | Maxie Schnicke | Brenda White |

Out and About

Please **sign up** in the *Activities Log Book* for all of the following “Out & About” events.

Saturday, October 1st
Round Earth, Flat Paper
at the Monroe County Public Library
Depart 8:30 AM

Professional genealogist Betty Warren will discuss the importance of maps for family history research. Different maps including plat maps, USGS topographic maps, Sanborn Fire Insurance maps, and aerial maps will be used to illustrate how valuable these tools are. Section, township and range, the NARA website and the U.S. Geological Survey will be covered. This discussion is free! Sign up in the activities book!

Also, Saturday, October 1st
Getting Started in Genealogy
using Monroe County Resources
Depart 10:45 AM for
the Monroe County Public Library

Representatives from the Monroe County History Center, Indiana University Archives, the Family History Center of the Church of Latter-day Saints, and MCPL’s Indiana Room will discuss what is available from these institutions. This discussion is free! Sign up in the activities book!

Monday, October 3rd
Monday Evening Lecture
7:00 PM in the Terrace Room

This month’s speaker will be Bob Hammel, Sports Journalist from the Bloomington Herald Times. Hammel came to the Herald Times in 1966 as the sports editor and has been there ever since. In 1990, he was selected to the U.S. Basketball Writers Hall of Fame. And in

1996, he received the Indiana Basketball Hall of Fame’s Silver Medal Award for distinguished service. Hammel was in Pasadena, CA in 1968 for IU’s only Rose Bowl appearance and in Munich for the 1972 Olympic Games when Indiana’s Mark Spitz swam for seven gold medals.

Tuesday, October 4th
Men’s Breakfast at the Abe Martin Lodge
Depart 8:00 AM

The Abe Martin Lodge is located in the Brown County State Park, the largest state park in Indiana. Built in 1932 of hand-hewn native stone and oak timbers cut in the park, the Abe Martin Lodge has two lobbies with two fireplaces, and a rustic dining room that makes eating a pleasure. Abe Martin says, “You just can’t go away hungry.” Sign up for the October Men’s Breakfast in the activities book located at the activities credenza. Cost is on you own.

Also, Tuesday, October 4th
Harp Recital
Begins 7:00 PM in the Terrace Room

A recital you don’t want to miss! Jaymee Haefner, a recipient of numerous world-wide

Wednesday, October 5th
Sing- a-long
Begins 7:00 PM in the Fireplace Lounge
Nothing lifts the heart more than a song. Come join us for a selection of old favorites!

Out and About(cont.)

Thursday, October 6th
The Work of the Sage:
Becoming a Wisdom Keeper

9:00 AM – 3:30 PM in the Terrace Room
What is Sage-ing? It is the process of approaching the second half of life as a journey filled with new possibilities. These older years can be a time of profound inner growth, liberation and development, time that is a blessing to the individual, the family and the community. The presenter for this all day workshop is Rosemary Cox, Coordinator in the Leighton Center for Senior Health at Memorial Hospital in South Bend. The \$40 fee includes lunch. Register with Resident Services, 330-4375 ext 338.

Also, Thursday, October 6th
Oktoberfest
4:45-7:00 PM in the Circle Drive
Pröst! See menu on page 5.

Friday, October 7th
Big Red Social Hour
4:30-6:30 PM in the Terrace Room

Also, Friday, October 7th
Fall Ballet
Depart 7:30 PM for the MAC
This year’s Fall Ballet will include four pieces: *Winds from the South* with music by Ernesto Lecuona and choreography by Glenda Lucena; *Grand Pas Classique Pas de Deux* with music by Daniel Francois Auber, choreographed by Victor Gsovsky and staged by Glenda Lucena; *Spring Waters* with music by Sergei Rachmaninoff, choreography by Asaf Messerer and staging by Guoping Wang; *The Final Pointe* with the music of Robert

Schumann and Johannes Brahms, choreography by Guoping Wang and Doricha Sales.

Saturday, October 8th
Homecoming Tailgate & Football Game
Depart 10:00 AM

Also, Saturday, October 8th
Blast!
Depart 7:30 PM for the IU Auditorium
International sensation Blast! returns to its original stomping grounds. Combining 37 brass, percussion, and visual performers in a unique explosion of music and theatre, Blast! evolved from the showmanship of outdoor pageantry presented right here in Bloomington by the Star of Indiana drum and bugle corps. Winner of the 2001 Tony® Award for “Best Theatrical Event” and a 2001 Emmy Award for “Best Choreography,” The cost \$57.50 is on your own.

Sunday, October 9th
Inaugural Campfire at the Lower Level Patio
Begins 7:00 PM
A new autumn tradition! On the menu for this week’s campfire is everyone’s favorite: s’mores.

Monday, October 10th
Lord of the Rings: Motion Picture Trilogy: The Exhibition
Depart 9:30 AM for Indiana State Museum
This touring exhibition created by The Museum of New Zealand Te Papa Tongarewa honors the box-office record breaking Trilogy, *Lord of the Rings*. This exhibition has toured some of the world’s major cities, including Boston, London, Sydney, and Singapore. Now it is coming to Indianapolis. Visitors can view costumes, jewelry, make-up and special effects, models, digital ef-

fects, video interviews, and interactive and immersive experiences. Cost is \$6.50.

Also, Monday, October 10th

Armchair Travel

Begins 7:00 PM in the Terrace Room

We will travel by barge for a week on the narrow winding canals in the wine country of Burgundy, France. We'll pass through quaint villages and see old castles and cathedrals. Included will be a one-day side trip by bus to Lyon. It will be an exclusive Overseas Adventure Tour with only 15 fellow passengers. Our guides will be Bob and Joann Dodd who have led us on several memorable slide-travels.

Tuesday, October 11th

Coed Breakfast at the Village Deli

Depart 8:00 AM

Located on Kirkwood Ave, "Eat & Get Out" may be their slogan but that will be tough to do with the wide variety of sandwiches and breakfast foods available. Breakfast offers chocolate chip pancakes, homemade granola and biscuits & gravy. Sandwiches include all your favorites plus a great selection for veggie heads. Cost for this coed breakfast is on your own.

Also, Tuesday, October 11th

Fall Shopping Trip

to Circle Center Mall in Indianapolis

Depart 10:15 AM

Love shopping? Then Circle Centre is for you! This fashionable mall offers two full city blocks and four exciting levels featuring more than 100 shopping, dining, and entertainment options. Don't miss out on your chance to look at the new fall fashions from stores we don't have in Bloomington. Sign up in the Activities Book today!



A portrait of Herman Wells that once hung in the Union now in the Meadowood Founders Room

Also, Tuesday, October 11th

Great Decisions

Begins 1:00 PM in the Terrace Room

This year's program kicks off with a lively discussion of US Intelligence activities domestic and abroad. The guest speaker/discussant will be Gene Coyle, visiting professor in the Western European Studies Program. His participation last year demanded an encore presentation this year! The Great Decisions meetings will take place the second Tuesday of the month thru May 9, 2006. Please note the time change from previous years. Contact Michael Chiappetta for further information.

Also, Tuesday, October 11th

Golden Age of Hollywood:

Destry Rides Again

Depart 1:00 PM

All-American hero, Jimmy Stewart, and German-born seductress, Marlene Dietrich, were an unlikely romantic duo, but their improbable chemistry made this a wildly successful hit for Universal. The movie helped to revive the genre by delivering the thrills of a classic Western while gently spoofing familiar Western stereotypes. When Stewart arrives in the

lawless Western town, he appears to be the furthest thing from the typical Western hero. He is a pacifist who avoids confrontations, chooses not to wear a gun, and is immune to the charms of women – even those of Dietrich, a saloon singer who performs three sultry musical numbers. Cost is free, sign up today.

Wednesday, October 12th

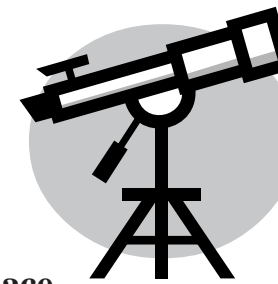
Just Men Hour

Begins at 4:00 PM in the Founders Room

Also, Wednesday, October 12th

Trip to IU Observatory

Depart 7:30 PM



Thursday, October 13th

Jazz Fables at Bear's Place

Depart 5:30 PM

Venture out for an evening of jazz at Bear's Place. Music will be provided by Jamey Aebersold on alto sax and his All-Star Quintet with Pat Harbison on trumpet, Steve Allee on piano, Tyrone Wheeler playing bass, and Jonathan Higgins on drums. The cost \$6 is on your own. There will be a full menu of bar 'n' grill type food and drinks may be ordered off the menu. Sign up in the Activities Book!

Also, Thursday, October 13th

Presidents and First Ladies:

Jack and Jackie Kennedy

Depart 6:30 PM

for the Monroe County Public Library

Also, Thursday, October 13th

Arcadia

Depart 7:00 PM for Ruth N. Hall

Bursting with radiant prose and wit, Tom Stoppard's Arcadia stands among the greatest plays of the last thirty years. Hilarious as well

as thought-provoking, the play opens with thirteen year-old Thomasina inquiring of her tutor, "Septimus, what is carnal embrace?" The instructor deftly responds, "Carnal embrace is the practice of throwing one's arms around a side of beef." Tickets are on your own.

Friday, October 14th

Midnight Madness

Depart 6:30 PM for Assembly Hall

Indiana University's first basketball practice, canned food item donations are preferred as price of admission. Midnight Madness Food Drive brought in 11,251 pounds of food in 2004! Thanks to all the IU Basketball fans that donated food!

Saturday, October 15th

Jill Behrman: Run for the End Zone

Depart 8:15 AM

In honor of Jill Behrman, a former IU student and employee of Recreational Sports, this IU Division has joined with the Bloomington community in organizing the annual Jill Behrman Run for the End Zone 5K Run/Walk and One Mile Walk. Proceeds from this event will benefit the Jill Behrman Emerging Leader Scholarship and Jill's House. Beginning and ending at the IU football end zone, come out and join fellow Meadowood residents and, staff, and the Bloomington community for a good cause!

Also, Saturday, October 15th

Cookout for Girl Scout Alumnae

Depart 3:45 PM for Belmont Center

A special invitation has been extended to all the residents of Meadowood from Girl Scouts of Tulip Trace Council to join their Alumnae at Belmont Preserve in beautiful Brown County for a Barbecue and Sing-Along. The evening will begin with a tour of the new High Ropes Team Challenge Course. Following dinner, you can sit by the fire in the Bridge House and sing

songs while making a s'more. The Bridge House is totally accessible with running water and utilities. All proceeds will benefit the Girl Scouts of Tulips Trace Council, Inc. The cost of \$5 is on your own. Meadowood must RSVP for this event by October 12. Sign up in the activities book today and we will handle the rsvp!

**Sunday, October 16th
Campfire at the Lower Level Patio
Begins 7:00 PM**

Ever wonder what a 'Hobo Pie' is? This week's campfire is your chance to find out.

**Tuesday, October 18th
Women's Luncheon
at the Turner Doll Tea Room
Depart 10:45 AM**

**Wednesday, October 19th
20th Century Journey
Depart 1:15 PM for the Pine Box Theatre**
This new musical production will take you on a journey from the early 1910 through 2000, from Broadway to country! The cost of \$14.00 will be charged back.

**Thursday, October 20th
Brown County Excursion:
Shopping, Lunch at The Ordinary,
Drive to See the Colors of the Leaves
Depart 9:00 AM**

**Friday, October 21st
Romeo et Juliet
Depart 7:15 PM for the MAC**

Set in Verona in the 14th century, Charles Gounod's adaptation of Shakespeare's love story Roméo et Juliette is the most classically operatic of all renditions. The sumptuous score dazzles us with swirling waltzes, dramatic choruses, and an exquisite flood of sublime love duets. The opera closely follows the plot of the play, revealing el-

ements of the deep love between Romeo and Juliet, the secrecy of their marriage, bitterness of extended family feuds, and the final tragedy of misunderstanding that leads to the lovers tragically taking their own lives. Cost is on your own.

**Saturday, October 22nd
Tailgate & Football Game: IU vs Ohio State
Depart 12:00PM**

**Sunday, October 23rd
Campfire at the Lower Level Lounge
Begins 7:00 PM**

Notre Dame may have the luck of the Irish, but we're serving Irish Coffee.

**Monday, October 24th
Monthly Wellness Conversation
1:00 PM in the Terrace Room**

What are reflexology and massage and what can they do for me? Come and find out the answers to those questions, as Virginia Harbaugh and Jenny Rollins, CMT with the Meadowood Spa demonstrate the benefits of these ancient arts for healing, pain management, and relaxation.

**Wednesday, October 26th
Lord of the Rings:
Motion Picture Trilogy:
The Exhibition
Depart 9:30 AM for Indiana State Museum
See description for October 10th.**

**Thursday, October 27th
Pub Crawlers
to Office Lounge
Depart 5:15 PM**



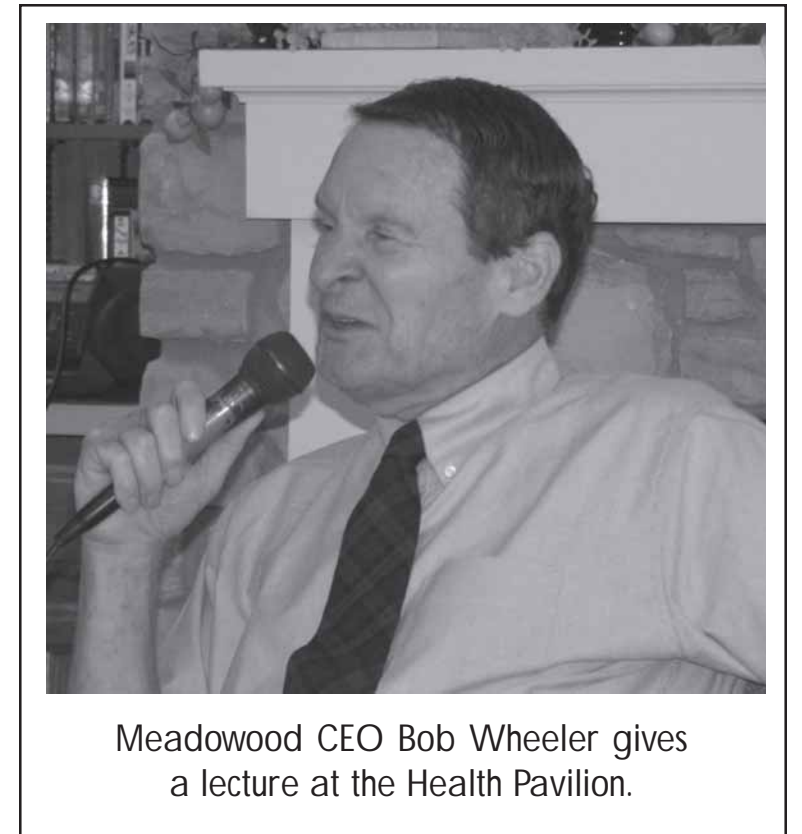
**Also, Thursday, October 27th
Falsettos
Depart 7:00 PM
for the Wells-Metz Theatre**
Spell-binding music and lyrics drive this heart felt musical as it wraps itself around issues of family values. Falsettos begins amidst the chaos of individual aspirations as a father attempts to forge a family with his ex-wife, child, and male lover. When the specter of AIDS threatens the family's survival, the characters' wit and intelligence are put to the test as they discover the courage to reinvent their lives together.

**Friday, October 28th
Heart Rhythm Meditation Seminar:
Physical Heart Health
Depart 6:15 PM
to Wegmiller Auditorium**

Bloomington Hospital is proud to present two internationally acclaimed teachers who will discuss the application of meditation to heart health. Heart rhythm meditation causes a shift in attention and rhythm breathing to create neurological connection among the nervous, endocrine, respiratory and circulatory systems, literally uniting the heart, mind, and body. The cost of this one hour and a half lecture is free.

**Also, Friday, October 28th
Romeo et Juliet
Depart 7:30 PM for the MAC
See description for October 21st.**

**Saturday, October 29th
Comics as Cultural Mythology
Depart 10:30 AM**
Michael E. Usan's fascination with comic books began in childhood and has never waned. He worked as a writer for DC Comics on the "Batman" series and produced



Meadowood CEO Bob Wheeler gives a lecture at the Health Pavilion.

the films Batman (1989) and this year's Batman Begins. This exhibition celebrates the official opening of his collection to the public. The exhibition displays an overview of American comics from the 1980s and 1990s, selected from the more than 30,000 comics in the Usan collection. Cost is free! Sign Up today!

**Sunday, October 30th
Indianapolis Symphony Orchestra
Depart 2:15 PM for the MAC**

**Also, Sunday, October 30th
Campfire at the Lower Level Patio
Begins 7:00 PM**

Come one, come all. Come get your hot cider and donuts at this week's campfire.

**Monday, October 31st
Halloween Party
Begins 4:30 PM in the Terrace Room**



The Meadowood Cinema

The Cinema is back! We'll be showing two movies in the Terrace Room. Enjoy!

Sunday, October 9th

Pale Male

1:15PM & 7:15PM

High above New York's Central Park, a truly remarkable event is unfolding. In the midst of this busy city, a bold red-tailed hawk has taken up residence. Affectionately known to locals as "Pale Male," the hawk courts, breeds, and hunts as its devoted urban fans root for its survival. After unexpected perils, triumphs, and tragedies, onlookers gaze in rapt anticipation as the hawk's chicks prepare to take their first flight from the ledge of a luxury apartment building. "Pale Male" is a rare glimpse at one of nature's great predatory creatures, and a surprising account of the magical relationship humanity can have with nature.

Sunday, October 23rd

Lord of the Rings

1:15PM & 7:15PM

The film version of J.R.R. Tolkein's masterpiece. Set in mythic pre-historic times, the story of a desperate battle against encroaching evil that pits young hobbit Frodo, who has inherited a magic ring from his uncle Bilbo, against the Dark Lord Sauron, who desperately wants the ring because it will enable him to enslave the people of Middle Earth. In his effort to thwart Sauron, Frodo recruits a fellowship of a wizard, elf, dwarf and others on a mission to destroy the ring by casting it into the volcanic fires in the Crack of Doom. This movie serves as a prelude for our trip to the Indianapolis Lord of the Rings Museum on Monday, October 10 and 26.

Meadowood Retirement Community
2455 Tamarack Trail
Bloomington, Indiana 47408

Pre. Srt. Std.
U.S. Postage
PAID
Permit 171
Bloomington, IN

25TH
Anniversary
1980-2005



Upcoming Continuing Studies Events

**Jane Austen's World:
Pride & Prejudice in Context**
Four Wednesdays,
September 28-October 19,
3:30-5:00 PM

Public Discussions
All the following programs take
place at 12:15PM
in the Terrace Room.

October 5: Heidi Ross
(School of Education)
"What Chinese schools tell us
about China's Future:
Educational Reform for the 21st Century"

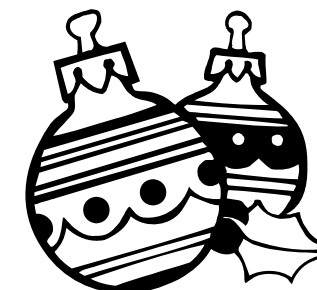
October 19: Trevor Brown
(Dean Emeritus-Journalism)
"The end of white rule in South Africa:
Why no fear and loathing?"

November 2: Lauren Morris MacLean
(Political Science)
"Are Native American casinos
good for Native American health?"

A Christmas Treat

December 10-11, 2005

Join us for a trip through Indiana in the Spirit of the Season! The Trip includes a Victorian Holiday Tea at the Morris Butler Home. Tour all three floors and learn about Victorian Christmas traditions both familiar and unfamiliar. Tours ends with old fashioned flavored teas, cranberry scones, chicken salad sandwiches, ginger snaps and other seasonal treats and the making of a special holiday craft.



The holiday spirit continues by attending the Yuletide Celebration show in downtown Indianapolis. We'll follow that with a trip through town to see the lights.

The following day, it's up to West Lafayette to see Purdue's Annual Christmas Show. What better way to see the state in its holiday splendor!

For reservations,
contact Mark Kraner
330-4375, ext. 304