

# Meadowood Messenger



*Our Monthly Calendar of Activities & Events*

*Activities Hotline (812) 330-4375, extension 155#*

*November 2010*

## *The Art of Fine Dining*

By Kathy Norris

One of the attributes that sets Meadowood apart from all other retirement communities in Bloomington and Monroe County is a culinary staff dedicated to providing delicious food in a fine dining atmosphere. Nightly meals at Meadowood are a diner's delight. Foods are of a variety to fit the diversity of the residents' backgrounds, and menus consist of international cuisine, as well as every day "comfort" food. The Food Services Department serves approximately 12,500 meals a month, split about evenly between the Independent Living and Health Pavilion resident populations.

The Meadowood Food Services Department has faced and successfully met a tremendous challenge this past month to maintain the same great quality of food and service while dealing with a makeshift dining room and buffet-style delivery during a renovation of the Dining Room. Those familiar with Meadowood's spacious Fireplace Lounge and Terrace Room would be surprised to see them today, as they are temporarily being used for dining. Beginning in mid-October, the front two thirds of the dining room was sealed off, leaving just the back one third for use. The Fireplace Lounge has been converted into dining space, and a portion of the Terrace Room is now being used for dining as needed. On some evenings diners finish up just in time for the Terrace Room to be cleared quickly and converted to a lecture room, recital space, or movie theatre.

Although Meadowood residents loved the décor in the "old" Dining Room, they are looking forward to seeing the new, updated look. (But in fact, while everyone has accepted the temporary inconvenience gracefully, they are also looking forward to having the dining room back as a dining room, and the Fireplace Lounge back as a lovely living room.) There

is a decorator board on display near the front foyer which has samples of paint, wall coverings and carpeting. When the front section is completed, the tables and chairs will be moved back into that space, and the back section will be renovated.

A beautiful dining room and consistently superior meals are among the benefits of living at Meadowood, and are often among the deciding factors for those who make the choice to live here. There is great variety of meals being planned on a four-week cycle. Thirty meals are included each month, and may be taken in any combination of lunch, dinner and Saturday breakfast. Dinner is by far the more popular choice; a complementary continental breakfast is also offered the other six days.

Meadowood is also known for hosting themed parties and special events, such as Mardi Gras, Evening in Paris, and St. Patrick's Day Party. These events showcase not only the food, but a great collaboration with the Activities Department helps to transform Meadowood into another scene – whether it is Paris, New Orleans, or a Caribbean Beach!



Alan Booze and Alex Hobbs visit with former server Jacqueline Ryan during the Staff Reunion at the 30th Anniversary Strassen-

Another dining experience enjoyed by Meadowood residents from late spring to early fall is Patio Dining. Residents make a reservation in advance (limit 32) for this weekly outdoor dining choice. The meal is served casually, buffet-style, but the food is the same great quality, with the entrée ranging from pork tenderloin to grilled lamb chops to fried fish to hamburgers with all the trimmings. Patio Dining is extremely popular and “sells out” fairly quickly each week.

Meadowood actually receives nominations each year in the Outdoor Dining category of the Bloomington Herald Times’ *Readers’ Choice Awards*. This wonderful outside dining location can also be used for many catered and themed events with its waterfall and fire pit adding a special charm to the area.

Holidays at Meadowood are also highly anticipated by residents because of the delicious holiday dinners at Easter, Mother’s Day and Father’s Day, Thanksgiving, Christmas, and New Year’s. And the summer outdoor picnics to commemorate Memorial Day, Independence Day and Labor Day are very lively and well attended. The themed decorations provided by the Activities Department enhance the culinary presentations that showcase the talents of our chefs and serving teams.

The Meadowood Food Services Department also prepares and serves many luncheons and dinners for outside organizations. An especially busy season is coming up, as many service and social groups enjoy having their holiday parties at Meadowood. These normally occur at the request of a sponsoring resident, because one privilege of residency is the opportunity to host meetings, luncheons, or other special events in one of the beautifully decorated rooms at Meadowood, such as the Terrace Room, Garden Room, or Lower Level Lounge.

The culinary staff, under the direction of Alex Hobbs, Food Services Director, includes Alan Booze, Executive Chef; Glen Inman, Dining Room Supervisor; Krystal Bowen, Dietary Services Director; and Leslie Huff, Systems Coordinator. They work together with a talented team of sous chefs, bakers, ‘garde’ managers, utility and service staff, and a dedicated and professional team of servers to make dining at Meadowood a truly unique experience for our residents, their families, and guests.

Food Services Director Alex Hobbs comes from a North Carolina family of four brothers and one sister. Alex has been in the food service industry for 22 years with 15 of those years being in “upscale retirement communities.” He has worked in New York, San Francisco, Montreal, Los Angeles and Vancouver. Throughout his years of moving about, he has maintained a private residence in Evansville, Indiana, where he has an extended family. Alex developed his passion for the art of cooking from the world renowned Chef Jacques Pepin. Alex came to Meadowood in September 2000 where he directs the staff of employees in both the Independent Living and Health Pavilion dining facilities. He still finds time to “get hands on” in the kitchen and enjoys Meadowood as a community that allows creativity and diversity and where “the sky is the limit.”

Alan Booze, Executive Chef at Meadowood, was born in Ohio but raised in Kansas. He developed his love of cooking at an early age in the kitchen watching and working with his mother. He has 19 years of restaurant experience, with 14 of those years as a chef. Alan started his professional career as a line cook at the Opie Taylor restaurant in Bloomington under then-owner Tad Delay. Alan left there to become the Kitchen Manager at Upland Brewing Company, but soon realized that the challenge of creating dishes was what he desired in a position. He came to Meadowood in 2002 and became Executive Chef in 2004. In 2008 Alan entered the Bloomington Chef Challenge and although not the winner, he was voted “most popular.” Alan said, “Getting to experiment with different menus not only on a daily basis, but also for our special functions and parties makes working at Meadowood an ever-challenging job. I love working in a place where I can be creative and original, and where people will be candid about the food. Our



Servers Alex Holbrook, Seth Wagner and Emily Dewees.

team in the kitchen is great – I wouldn't want to part with any of them. Many of us have been together for so long, it's like breathing.”

In fact, Alan is going to have to part with one of his team beginning immediately (November 2). Chef Rafael DeLeon, who has been with Meadowood Food Services 8 ½ years, has been promoted within Five Star Quality Care to take the position of Food Services Coordinator at McKay Manor in Shelbyville, Indiana. Rafael and his talents will be missed at Meadowood, but it is a source of pride that one among our family of chefs will have the opportunity to move up within the Five Star system. “I started here as a dishwasher, and I want to thank Alex and others who have given me the opportunity to move up within the department, and for recommending me to the position at McKay Manor. I am very excited about the new opportunity, but I will miss Meadowood and the people here,” said Rafael.

Nine year Meadowood veteran Leslie Huff, Systems Coordinator, operates as office manager, logging data into the computer, coordinating and planning hospitality for special events, preparing function sheets, keeping track of the rotation of meals, and generally making sure that everyone knows what everyone else is doing.

Krystal Wilkerson, MS, RD, Dietary Services Director, helps plan the menus for both the Independent Living and Health Pavilion Residents, and checks the nutritional balance. By and large, the same menu is served to both populations, but the dietitian and kitchen staff may have five to ten different diets to prepare for. Some are calorie restrict-



Juan Roldan and Rafael DeLeon.

some are no-salt or low-salt diets. Krystal also performs clinical nutritional assessments for Health Pavilion residents and supervises the serving staff in the Health Pavilion.



Children and grandchildren of employees could Trick or Treat during the resident Halloween Party.

Glen Inman, Dining Room Supervisor, started at Meadowood as a server in 1998, while he was still an Edgewood High School student. Glen keeps the dining room and serving staff running smoothly and efficiently, and his team members take great pride in friendly, efficient service. In fact, many Meadowood residents acknowledge how pampered they are by our serving staff, and sometimes get a reality check when they go out for dinner. Serving staff members know most of the residents by name, what type of wine they prefer, and may know other likes and dislikes, including food allergies. Alex teaches and insists on a high level of customer service that makes each resident feel known and special. Glen and his staff do a great job working to maintain those high standards.

Most of the servers are Indiana University students or are from one of the Bloomington-area high schools. Many have developed a real fondness for and friendship with the residents. In turn, the residents also get to know the servers well. If residents know that a particular server is performing in a school play or athletic event, some will attend if possible. Many of these students remain with Meadowood during several years of high school and college, or come back during Christmas or summer breaks.

The Food Services culinary and serving team includes people of many diverse backgrounds and talents. They pride themselves on being efficient and on delivering a great product in a pleasant and welcoming atmosphere. Alex Hobbs stated, “The success of a Food Services Department depends on the role that each team member plays and on everyone's understanding of the value they bring to the operation.” Full of talented professionals, Meadowood Food Services is a very valuable operation.

# St. Lawrence Seaway/Canada Trip was Spectacular



# Day Outing to Exotic Feline Rescue Center



# 30th Anniversary Strassenfest—a Huge Success!



*Please sign up in the Activities Log Book for any of the following events.*

# Out and About

## Tuesday, November 2

### **Men's Breakfast**

**Departs 8:00 AM to Rose's Diner**

The men of Meadowood will enjoy a delicious breakfast of home-cooked food at this popular diner.



## Wednesday, November 3

### **Women's Lunch**

**Departs 11:00 AM to Nani's**

Nani's is a fairly new restaurant in Nashville, named for the way the owners' grandchildren refer to their grandmother. "No one can make food as good as Nani!" Join us for a delicious meal.



## **IU Philharmonic**

**Departs 7:30 PM to the MAC**

This free program includes Frederic Chopin: Piano Concerto No.1 in e minor, op.11 and Gustav Mahler: Symphony No.4 in G major. Kevin Noe, conductor; Ka Jeng Wong, Piano.

## Thursday, November 4

### **Beef & Boards**

**Departs 10:15 AM to Indianapolis**

Based on the classic Christmas movie, *White Christmas* tells the story of two show biz buddies who put on a show at a quaint Vermont inn. Full of dance, laughter and the entertaining songs by Irving Berlin, *White Christmas* will be a merry and bright beginning to the holiday season. Cost is \$55 for residents (guests \$60), which includes buffet lunch and transportation.

## **IU Journalism Lecture**

**Departs 6:15 PM to IU Auditorium**

Pulitzer Prize-winning author Thomas L. Friedman has reported on global trade, the Mideast and the environment in his books and in his columns for *The New York Times*. Throughout his career, he has blended his economics background, his work as a foreign correspondent and his fascination with the Mideast as he has evolved as a journalist and author. His books include the award-winning best-sellers *Hot, Flat and Crowded: Why We Need a Green Revolution* and *The World is Flat: A Brief History of the Twenty-first Century*. Free tickets will be distributed on the bus.

## Saturday, November 6

### **IU vs. Iowa Football Game**

**Departs 10:30 and 11:00 AM to IU Stadium**

Hop aboard the Meadowood bus at 10:30 AM to attend our home football tailgate party. Those not wishing to attend the tailgate may choose the later departure.



## **IU Women's Basketball**

**Departs 3:00 PM to Assembly Hall**

You will have to depart early for a 4:00 PM game vs. Indianapolis due to the IU football game traffic.

## Sunday, November 7

### ***Souvenir***

**Departs 6:30 PM to the Waldron**

In the early 20th century, Florence Foster Jenkins had the bravado and the bankroll to establish a dubiously successful singing career. *Souvenir* hilariously celebrates this most unconventional--and untalented diva. Call 336-7110 for tickets (\$18).

## Tuesday, November 9

### **Marching 100 & Red Steppers Showcase Concert**

**Departs 7:00 PM to Assembly Hall**

Tickets are \$2 at the door for this annual concert.

## Wednesday, November 10

### **Outing to Mathers Museum**

**Departs 10:00 AM**

A new exhibit, *From the Big Bang to the World Wide Web* at the Mathers Museum, has something to fascinate everyone. Three years in the making, the public education project was researched and assembled by anthropology professors Nick Toth and Kathy Schick, co-directors of the Stone Age Institute in Bloomington. Free.



Great food and fun at the IU Homecoming Tailgate.



Jim and Tally Weigand keep warm during the tailgate party before the Northwest-ern game.

### Pub Crawlers

#### Departs 5:15 PM to Lennie's



In 1989, Lennie's introduced gourmet pizza to Bloomington, and has since become one of the town's most popular and eclectic eateries. Lennie's set another local landmark in 1994, with the addition of the first commercial brewery in Monroe County and the first brewpub in Southern Indiana.

### *The Agriculture we have/ the agriculture we need*

#### Departs 7:00 PM to Ballantine Hall

A conversation between poet Wendell Berry and Wes Jackson of The Land Institute, moderated by Scott Russell Sanders. Wendell Berry is one of the preeminent philosophers of place, a leading advocate for environmental stewardship, and a fierce critic of agribusiness. Wes Jackson, President of The Land Institute (founded in 1976), studied botany (M.A. University of Kansas, 1960) and genetics (Ph.D. North Carolina State University, 1967), and later established the Environmental Studies program at California State University, Sacramento, where he became a tenured full professor. Dr. Jackson's writings include both papers and books. Free.

### Friday, November 12

#### *An Evening of Conversation with Jane Pauley and Meryl Streep*

#### Departs 3:45 PM to IU Auditorium

For the first time ever, preeminent journalism Jane Pauley will interview a leading lady of peerless talent. Free tickets will be distributed on the bus.

### IU Opera Theatre

#### Departs 6:45 PM to MAC

*Die Fledermaus* is set in Bad Ischl, Austria, 1874. What would you do if you dressed as a bat for a costume ball and were later abandoned by your friend to "sleep it off" on a public bench, and to be awakened by a jeering crowd? Disguise, deception, and plenty

of drinking ensue as Dr. Falke carries out the "revenge of the bat." This is open seating night; tickets are \$25 on your own.

### Saturday, November 13

#### Met: Live in HD

#### Departs 12:30 PM to Showplace 11

Donizetti's *Don Pasquale*: Anna Netrebko revives her sensational turn in this sophisticated bel canto comedy, opposite Matthew Polenzani, Mariusz Kwiecien, and John Del Carlo in the title role. Music Director James Levine conducts. When Otto Schenk's production premiered in 2006, the *New York Times* called it "brilliant" and "wonderful." Tickets \$22 at the door (3 hrs. 15 min.)

### *Drumline Live*

#### Departs 7:00 PM to IU Auditorium

*Drumline Live* is rooted in the marching band traditions of historically black colleges and universities, a tradition that began more than 50 years ago at Florida A&M. This is an action-packed touring stage version of the film with athletic step dancing, funky choreography, resounding trumpets, pulsating drum riffs – it's hard to believe the group is, at its core, a marching band. Tickets on your own at IUauditorium.com or at the box office.

### Monday, November 15

#### Jazz Ensemble

#### Departs 7:30 PM to the MAC

Jeremy Allen will direct a free program.

### Tuesday, November 16

#### Day Outing to Indiana State Museum



#### Departs 9:00 AM to Indianapolis

In *Titanic: The Artifact Exhibition*, visitors will become a passenger as they receive a replica boarding pass and experience the excitement and subsequent tragedy of that fateful night in 1912. Visitors will then begin their chronological journey through *Titanic*'s maiden voyage, moving through the Ship's construction, to life on board, to the ill-fated sinking and amazing artifact rescue efforts. They will marvel at the re-created first and third class cabins, view the Ship's cargo, and press their palms against an iceberg while learning of countless stories of heroism and humanity. Actual artifacts, recovered from two and a half miles below the surface of the North Atlantic, tell the story behind the legendary *Titanic*'s short journey from construction and destruction to eventual

recovery. Walk her decks, peer into her cabins, and meet her passengers and crew. Cost is \$25 for admission and transportation; lunch at the L.S. Ayres Tea Room or Canal Café charged back.

### ***A Chorus Line***

#### **Departs 7:30 PM to IU Auditorium**

Thousands of young hopefuls flocked to New York City praying for a big break in a Broadway show. *A Chorus Line* shares the journeys of 17 would-be “triple threats.” These actor-singer-dancers have worked their entire career to get a chance at a paying job in a professional show. *A Chorus Line* debuted at the Shubert Theatre in 1975; in 1984 it became the longest-running show on Broadway at the time. Tickets are on your own.

### **Wednesday, November 17**

#### **Co-ed Breakfast**



#### **Departs 8:15 AM to Hardee’s**

Bring a little cash to buy your own breakfast at the counter. You have to love the Hardee’s biscuits, with or without gravy, and the melt-in-your mouth cinnamon biscuits.

#### **Concert Orchestra**



#### **Departs 7:30 PM to MAC**

Cliff Colnot will conduct a free program: Jean Sibelius: Canzonetta, op.62a; Igor Stravinsky: Pulcinella Suite; Robert Schumann: Symphony No.3 in E-flat major, op.97 “Rhenish”

### **Thursday, November 18**

#### **Fun Spots**

#### **Departs 5:15 PM to Truffles**

At 56 degrees bar Truffles Restaurant, you will experience upscale dining and an extensive wine and martini list. Order off the dinner or bar menu.

#### ***Hay Fever***

#### **Departs 7:00 PM to Ruth Halls**

Welcome to the 1920s English country home of the Bliss family, an eccentric family of four outlandish characters who independently invite a guest for the weekend. When after-dinner parlor games descend into a masterly series of misalliances, the theatrical family engages in giddy mind games at the expense of their innocent prey. Tickets \$16 on your own at IU Auditorium Box Office.

### **Friday, November 19**

#### **IU Opera Theatre**

#### **Departs 7:30 PM to the MAC**

*Die Fledermaus* – see earlier description.

### **Sunday, November 21**

#### **University Singers**

#### **Departs 3:30 PM to Auer Hall**

Enjoy a performance of Mozart’s Requiem performed with Chamber Orchestra.

### **Tuesday, November 23**



#### **Diners, Drive-ins & Dives**

#### **Departs 11:00 AM to The Cabin Restaurant**

Recently refurbished, this is a long-established family restaurant on Highway 446 going toward Lake Monroe. Join us for a short jaunt into the country.

### **Friday, November 27**

#### **Christmas with the Pops**

#### **Departs 7:30 PM to Buskirk Chumley**

Make your season bright while listening to the sounds of the Bloomington POPS Orchestra conducted by Chris Ludwa while enjoying the winter wonderland created by the downtown Canopy of Lights event on the Bloomington square. And of course a visit from jolly old St. Nick will complete the evening. Tickets are \$15-17 at BCT Box Office, 323-3020.

### **Saturday, November 27**

#### **Holiday Market**



#### **Departs 1:00 PM to Showers Plaza**

Do you enjoy the festive, community atmosphere of the Farmers’ Market? Besides music, evergreen trees and wreaths, chestnuts roasting on an open fire, and unique and unusual gifts, the Holiday Market also includes live reindeer and horse-drawn carriage rides (\$3 per person).

### **Monday, November 30**

#### **Ethnic Foods Outing**

#### **Departs 5:15 PM to Samira’s**

One of Bloomington’s finer ethnic restaurants, Samira’s specializes in Mediterranean and Afghani food. Enjoy delicious lamb dishes, kebobs, unusual appetizers and salads.



Shirley Anderson in Halloween garb.





**IU ATHLETICS TRANSPORTATION  
DEPARTURE SCHEDULE**



**Men's Basketball**

3 Wednesday	Franklin (Exhibition) 6:15 PM
8 Monday	Ferris State (Exhibition) 6:15 PM
12 Friday	Florida Gulf Coast 5:45 PM
14 Sunday	Wright State 6:15 PM
16 Tuesday	Mississippi Valley State 6:15 PM
21 Sunday	Evansville 12:15 PM
23 Tuesday	North Carolina Central 6:15 PM
26 Friday	Northwestern State TBA

**Women's Basketball**

2 Tuesday	Anchorage-AK (Exhibition) 6:30 PM
6 Saturday	Indianapolis (Exhibition) 3:00 PM
15 Monday	St. Bonaventure 6:30 PM
18 Thursday	Memphis 6:30 PM
24 Wednesday	St. Louis 6:30 PM
28 Sunday	Cleveland State 1:30 PM

**Women's Volleyball**

5 Friday	Minnesota (Meadowood Day) 6:15 PM
6 Saturday	Iowa 6:30 PM
13 Saturday	Northwestern 6:30 PM
26 Friday	Illinois 6:30 PM
27 Saturday	Wisconsin 6:30 PM



Lola Goldberg, Maxine Zollman and Rod Ludlow are ready to shop during the Amish Tour.

**THANKSGIVING DAY TRADITIONS**

Traditions are a big part of the Thanksgiving holiday, and every American family has their own way of celebrating. From stuffing the turkey to taking in a football game, here are the five most popular.

**1. Turkey and the Trimmings**—From the first Thanksgiving, turkeys are an American tradition dating back centuries. According to the National Turkey Federation, 95 percent of Americans eat turkey at Thanksgiving. Regional twists offer variations on the traditional roasted bird, including coffee rubbed turkey from Hawaii, salt encrusted turkey from New England, and deep fried turkey from the South.

**2. Time Out for the Pigskin**—Throughout the US, football on Thanksgiving Day is as big a part of the celebration as turkey and pumpkin pie. Dating back to the first intercollegiate football championship held on Thanksgiving Day in 1876, traditional holiday football rivalries have become so popular that a reporter once called Thanksgiving “a holiday granted by the State and the Nation to see a game of football.”

**3. Parading Around**—The first American Thanksgiving Day parade was held in 1920, organized by Gimbel’s Department Store in Philadelphia, not Macy’s as most people believe. The NYC Macy’s Thanksgiving Day parade tradition actually began in 1924, and has grown into an annual event of balloons, bands, and floats, enjoyed by more than 46 million people each year.

**4. Making a Wish**—Known as a “lucky break,” the tradition of pulling on either end of a turkey bone to win the larger piece and its accompanying “wish” dates back to the Etruscans of 322 B.C. The Romans brought the tradition with them when they conquered England and the English colonists carried the tradition on to America.

**5. Giving Thanks**— Last, but certainly not least, Thanksgiving is about giving thanks for the people and blessings of the past year. From pre-meal prayers to providing holiday meals to the homeless, the holiday is truly a celebration of praise and thanksgiving.



Conrad Kuzma hosted his granddaughter at the IU Football Tailgate vs. Northwestern.

**Happy Thanksgiving**  
**Thursday, November 25, 2010**  
**11:00 a.m. - 2:00 p.m.**

*Waldorf Salad with Toasted Pecans*  
*Cranberry & Orange Relish*

*Carved Bone-in Ham*  
*Roasted Turkey with Gravy*

*Cranberry Sauce*  
*Corn Bread Dressing*



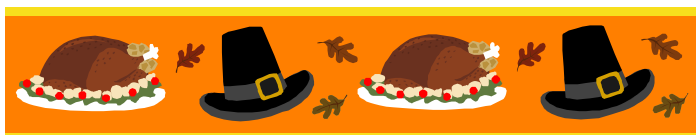
*Candied Yams*  
*Whipped Ranch &*  
*Cheddar Yukon Potatoes*  
*Sugar Snap Peas with Lemon Zest*  
*Honey Ginger Glazed Carrots*

*Assorted Breads & Rolls*

*Pecan Pie*  
*Pumpkin Pie*  
*Diet Pumpkin Pie*



*Reservations Recommended*  
*Contact Glen Inman at 330-4375 ext. 327*  
*Guests Welcome \$20.95*



**HAPPY BIRTHDAY!**

*to all residents whose special day is in November!*  
*Celebrants are invited to be guests at a Birthday*  
*Dinner held in their behalf on **Monday, November***  
***15 at 5:30 PM** in the Dining Room.*

- 2 Palmer Mart
- 3 Don Tyte
- 4 Ed Weidenbener
- 10 Maxine Dillard
- 12 Virginia Sharp
- 15 Barbara Kennel
- 19 Ward Dillon
- 22 Gene Lawlis
- 23 Phil Hathaway
- 25 Patricia Teitz
- 28 Jane Brown

**FROM THE BOOKSHELF . .**



The Meadowood Library Committee calls your attention to new subscriptions now available for your reading enjoyment. The *National Geographic*, a long time favorite, needs no introduction.

A reference journal called *Bookmarks* offers a New Book Guide for Literary Fiction, Crime, Science Fiction, General Non-Fiction, Biography, History and Science titles and is indexed inside the back cover.

The guide includes several review sources for each title followed by a consensus. Now when you hear about a new book, you can check it out and see how it is being received.

There is usually a feature article about a well-known writer and more about coming books, awards, books now in paperback and on-line research facilities.

Please consult these publications on the Library table and let us know if you find them useful so we know if we should continue them.



**TOYS FOR TOTS**

The mission of the U. S. Marine Corps Reserve *Toys for Tots* Program is to collect new, unwrapped toys during November and December each year, and distribute those toys as Christmas gifts to needy children in the community in which the campaign is conducted.

Meadowood is now a *Toys for Tots* drop-off location through December 17<sup>th</sup>. You may make a donation if you would like to help this worthy cause. The drop-off location is at the front desk. Individuals who do not live at Meadowood are also welcome to use this drop-off location for your convenience. You may pull up to the Circle Drive and bring the toys inside!

*These events take place on the Meadowood campus.*

# Inside Information

## Tuesday, November 2

### **Election Day – Polls Open**

**6:00 AM – 6:00 PM in the Terrace Room**

Meadowood is a precinct polling place, so exercise your right to vote at your convenience.

### **IU Continuing Studies Class**

**7:00-8:30 PM in the Continuing Education Room**

*Sleep and You: The Magic that Makes Us Healthy and Smart.* Must be registered; \$35 for two Tuesdays.

## Wednesday, November 3

### **Issues & Experts**

**12:15 PM in the Terrace Room**

*Supremely Fascinating: The Past, Present and Future of the Supreme Court.* Must be registered.

## Thursday, November 4

### **IU Continuing Studies Class**

**7:00-9:00 PM in the Terrace Room**

*To Laugh, To Weep, To Dance, To Wonder: Music Begs for Response.* Must be registered to IU Continuing Studies, 855-9335; meets two more Thursdays.

## Saturday, November 6

### **Bloody Mary Saturday**

**10:00 AM in the Terrace Room**

Get in the spirit of the IU Home Football game vs. Iowa by having a bloody Mary or screwdriver before the bus leaves. Open to all, you need not attend the game to participate.

## Monday, November 8

### **Armchair Travel**

**7:00 PM in the Terrace Room**

David Gray will speak about *Iguanas and Tortoises and Boobys, Oh My! Wildlife of the Galapagos.*



## Tuesday, November 9

### **Men's Coffee & Donuts**

**9:00 AM in the Founders Room**



### **Resident Council Meeting**

**3:00 PM in the Continuing Education Room**

### **New Resident Orientation**

**4:00 PM in the Card Room**

If you are new to Meadowood and haven't yet

attended one of these informative sessions, be sure to do so. You may come a second time as a refresher if need be.

### **Piano Recital**

**7:00 PM in the Terrace Room**

Dean Gwyn Richards and Emeritus Dean Charles Webb will play a Piano Duettists Recital.



## Wednesday, November 10

### **Great Decisions**

**1:15 PM in the Terrace Room**

*Sanctions and Nonproliferation* is the subject this month of a free program of citizen education in world affairs.

### **1<sup>st</sup> Floor Dessert**

**7:00 PM in the Terrace Room**

## Thursday, November 11

### **Women's Fellowship**

**10:00 AM in the Terrace Room**

Ann Schechter, MA, IU Department of Religious Studies will speak. All women are invited to attend this one-hour spiritual program.

## Monday, November 15

### **November Birthday Dinner**

**5:30 PM in the Dining Room**

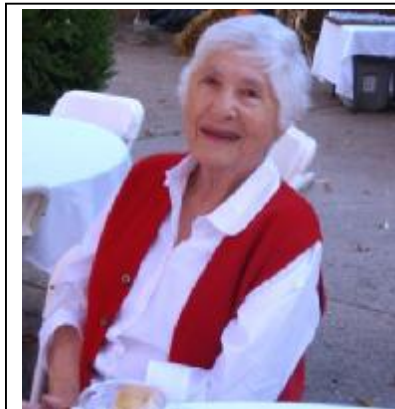
If your birthday is in November, you will receive an invitation to attend this dinner in your honor. RSVP to Glen at ext. 327.



### **WWII Film**

**7:00 PM in the Terrace Room**

*Mission of the Shark* starring Stacy Keach, Richard



Jean Schwartz enjoys the **Big Red Social Hour** on the Lower Level Patio during Homecoming Week-end.

Thomas, and David Caruso tells the true story of the secret mission and sinking of the U.S.S. Indianapolis, its crew's struggle to survive the sharks and exposure, and the captain's escape-goat court-martial (1991, 100 min).

**Tuesday, November 16**

**Life Line Screenings**

**8:00 AM – 5:00 PM in the Terrace Room**

Meadowood is partnering with Life Line Screening to bring Life Line Screenings for stroke, vascular disease, heart rhythm, and osteoporosis. You must make an appointment at 1-800-679-5192. You needn't live at Meadowood.

**Wednesday, November 17**

**Linden Constituency Dinner**

**5:00 PM in the Terrace Room**

**Thursday, November 18**

**IU Hearing Clinic**

**1:00-2:30 PM in the Card Room**

This is a free, walk-in clinic for those who would like to have their hearing device checked or cleaned.

**Monday, November 22**

**WTIU Program Screening**

**3:00 PM in the Terrace Room**

Join Director Alan Backler of WTIU for a private screening of the program *Saving Places*. Produced in cooperation with Indiana Landmarks, *Saving Places* tells the stories of individuals who are engaged in revitalizing, protecting, and preserving our historic places in Indiana. This video documentary tells the stories of four sites from across Indiana: **Wilson Bridge** near Delphi; **The John Jay Center for Learning** in Portland; **Lyles Station School** near Princeton; and the **Maple Grove Road Historic District** near Bloomington.



***Cabaret* at Meadowood**

**7:00 PM in the Terrace Room**

Doug Haise returns to delight his audience with lively ragtime piano tunes. Wine and light snacks will be served. Please sign the sheet at the credenza so we know how many are attending.



Jeanne Overly and Marge Dogan enjoyed the tea at the **Women's Luncheon** to Lady Bug's Tea Room & Gifts.

**Tuesday, November 23**

**General Residents Meeting**

**10:00 AM in the Terrace Room**

A continental breakfast is served at this informational gathering for all residents. Come at 9:45 AM so everyone can be seated by 10:00.

**Voice Recital**

**7:00 PM in the Terrace Room**

Renee Wu, a visiting scholar from China will give a voice recital.

**Wednesday, November 24**

**Just Men Hour**

**4:00 PM in the Founders Room**

The men of Meadowood gather for a social hour with snacks and open bar. Note a change to Wednesday this month due to the holiday.



**Thursday, November 25**

**Thanksgiving Parades and NFL Games**

**11:00 AM-4:00 PM in the Terrace Room**

Greet friends and share some holiday cheer by watching the parade and NFL games on the big screen TV.



**Thanksgiving Day Buffet**

**11:00-2:00 PM**

**Fireplace Lounge & Dining Room**

Reservations are recommended. Call Glen at ext. 327 for a seating time.



**Holiday Movie**

**4:00 PM in the Terrace Room**

*Pocahontas* (1995, 81 min.) History gets the Disney treatment and a politically correct interpretation in the studio's 33rd feature-length animated movie, the first to be based on actual events and people. Pocahontas (Irene Bedard) is the daughter of Algonquin chief Powhatan (Russell Means), who promises her in marriage to Kocoum, a brave whom she doesn't love. When European settlers arrive, she becomes enamored

of handsome John Smith (Mel Gibson). Their attraction is encouraged by Grandmother Willow (Linda Hunt), a talking tree. The situation between their peoples is tense, however, as the settlers, led by Governor Ratcliffe (David Ogden Stiers) desperately want the gold that they're sure the natives are concealing. When a dutiful sentry follows Smith into the woods on one of his secret meetings with Pocahontas, a tragic mistake leads both groups to the brink of war. Only the love of Pocahontas and Smith can prevent bloodshed. *Pocahontas* was awarded two Oscars, for Best Original Musical or Comedy Score and Best Original Song for "Colors of the Wind."

**Friday, November 26**

**Holiday Kick-off Social Hour**

**4:30-6:00 PM in the Terrace Room**

**Monday, November 29**

**Mark Twain's Birthday**

**7:00 PM in the Terrace Room**

Mark Twain died in 1910 at age 75, so we are celebrating his birthday on the 100<sup>th</sup> anniversary of his death. The trouble will start at 7:00 PM...



**Tuesday, November 30**

**Meadowood Lecture**

**7:00 PM in the Terrace Room**



**State of the Village Report**

If we could shrink the earth's population to a village of precisely 100 people, with all the existing human ratios remaining the same, it would look something like the following. There would be:

- 60 Asians
- 14 Africans
- 14 from the Western hemisphere
- 12 Europeans

The people would have considerable difficulty communicating:

- 14 people would speak Mandarin
- 8 people would speak Hindi/Urdu
- 8 would speak English
- 7 Spanish, 4 Russian, 4 Arabic

This above list accounts for less than half the villagers. The others would speak (in descending order of frequency) Bengali, Portuguese, Indonesian, Japanese, German, French and 200 other languages

- 50 would be female
- 50 would be male
- 33 would be Christian
- 67 would be non-Christian
- 5 people would possess 32% of the entire world's wealth, and all 5 would be from the United States
- The poorest one third of the people would receive only 3% of the income
- 7 people would own an automobile (and some of them more than one)
- 33 would not have access to clean, safe drinking water
- 24 people would not have any electricity
- Of the 76 people that do have electricity, most would use it only for light at night
- 67 adults would live in the village and half would be illiterate
- 80 would live in substandard housing
- 50 would suffer from malnutrition
- 1 would be near death
- 1 would be newborn
- and 1 (yes, only 1) would have a college education\*

\* Statistics based on a "State of the Village Report," the original version of which was composed in 1990 by Dartmouth Professor Donella Meadows, and modified in subsequent years by various authors and agencies, most recently ODT

# The Meadowood Cinema



View a great film each week-end on the big screen in the Terrace Room. The microwave popcorn and bowls are in the cart in the wet bar area. Help yourselves and enjoy!

**Up in the Air** (2009, 108 min)

Saturday, November 6 &

Sunday, November 7, 7:15 PM

Ryan Bingham (George Clooney) works for a company whose contracts are in corporate downsizing. In other words, they fire people from their jobs. Ryan is flying around the US about 320 days of the year, which he feels is the best part of his job. The anguish, hostility, and despair of his "clients" has left him falsely compassionate, living out of a suitcase, and loving every second of it. Then his boss hires arrogant young Natalie (Anna Kendrick) who develops a method of video conferencing that will allow termination without ever leaving the office - essentially threatening the existence Ryan so cherishes. Determined to show the naive girl the error of her logic, Ryan takes her on one of his cross country firing expeditions, but as she starts to realize the disheartening realities of her profession, he begins to see the downfalls to his way of life. This film was nominated for six Oscars.

**A Tree Grows in Brooklyn** (1945, 128 min)

Saturday, November 13 &

Sunday, November 14, 7:15 PM

James Dunn won an Academy Award for his "comeback" performance. The film relates the trials and tribulations of a turn-of-the-century Brooklyn tenement family. The father (Dunn) is a likable but irresponsible alcoholic whose dreams of improving his family's lot are invariably doomed to disappointment. The mother (Dorothy McGuire) is the true head of the household, steadfastly holding the family together no matter what crisis arises. The story is told from the point of view of daughter Francie (Peggy Ann Garner), a clear-eyed realist who nonetheless would like to believe in her pie-in-the-sky father, whom she dearly loves. Joan Blondell co-stars as the family's brash, freewheeling aunt, whose means of financial support is a never-ending source of

neighborhood gossip. This film earned a special Oscar for Peggy Ann Garner "Most Promising Juvenile Performer."

**A Foreign Affair** (1948, 116 min)

Saturday, November 20 & Sunday,

November 21, 7:15 PM

Writer/director Billy Wilder (in collaboration with producer/writer Charles Brackett) earned his first critical condemnation with *A Foreign Affair*. Reviewers accused Wilder (as they would so often in the future) of moral bankruptcy, challenging him to prove what could possibly be funny about the Nazi war guilt, the bombed-out city of Berlin, the postwar European black market or attempted suicide. All of these elements are in *Foreign Affair*, and all are very funny. John Lund is an American army captain carrying on a casual affair with Berlin songstress Marlene Dietrich, who accepts Lund's attentions so long as there are contraband cigarettes and nylons added to the bargain. Iowa congresswoman Jean Arthur is sent as part of an American fact-finding delegation to Berlin, and Lund is compelled to clean up his act - or at least pretend to. Despite her initial shock at the corruption all around her, straitlaced Arthur eventually falls for Lund, but Dietrich has been at this game a lot longer.

**The Miracle Worker** (1962, 107 min)

Sunday, November 28, 1:15 & 7:15 PM

Based on William Gibson's Broadway play and retaining its acclaimed cast, we learn the true story of Helen Keller (Patty Duke), an Alabama girl struck blind and deaf as a baby after an elevated fever. Enter Annie Sullivan (Anne Bancroft) a partially-blind woman assigned the task of teaching Helen sign language. After first separating Helen from her over-protective parents (Victor Jory and Inga Swenson), Annie begins the arduous process of teaching the girl. The original Broadway production opened at the Playhouse Theater on October 19, 1959, ran for 719 performances and won the 1960 Tony Award for Best Play. Anne Bancroft and Patty Duke recreated their stage roles for the movie, each earning an Oscar.

MEADOWOOD

FIVESTAR SENIOR LIVING™

2455 Tamarack Trail Bloomington, IN 47408

812-336-7060 \* Fax 812-333-8917

Presorted Standard

U.S. Postage

PAID

Bloomington, IN

Permit No. 267

[www.MeadowoodRC.com](http://www.MeadowoodRC.com)

1-877-330-4370



## *Let's Go Travelers*

**Fun in the Sun in Cancun, Mexico**

**January 24-29, 2011**



Experience the vacation of a lifetime at the Riu Palace Las Americas in Cancun, Mexico. This spectacular beachfront all-inclusive resort is located on a dazzling stretch of white sandy beach framed by tropical trees and crystal clear turquoise waters. Cancun, on the Yucatan peninsula, is one of the most famous tourist destinations in the world. Its incomparable beaches, are its main attraction. But also, nearby, there are fragile natural spaces and spectacular Mayan ruins. Price of \$1575+ per double.

**Springtime in Chicago**

**April 13-15, 2010**

Join Meadowood on a memorable trip to the Windy City in springtime. You will enjoy the Architectural bus tour, tour of Robie House (Frank Lloyd Wright), Chicago History Museum, Science & Industry Museum, Historic Marshall Fields Tour, Chicago Art Institute, Broadway in Chicago production, 2 nights lodging in Historic Palmer House Hilton.

Price \$729 per double and \$939 per single

**Call Mark Kraner, 330-4375 ext. 304 for more information about trips.**

